Vegetable Soup

Add contents of jar and 4 cups water to saucepan. Bring to a boil. Cover, reduce heat, and simmer 90 minutes or until beans are tender.



Cajun Bean Soup

Add contents of jar and 6 cups water to a slow cooker. Stir well Cook on high 6 hours. Test beans for doneness. If done, add 1 lb sliced kielbasa and 14.5 oz diced tomatoes... Cook an additional 30-45 minutes.



3 Bean Chili

Add contents of jar and 4 cups water to slow cooker. Cook on high 6-7 hours or until beans are tender.



Add contents of jar and 4 cups water to saucepan. Bring to a boil. Cover, reduce heat, and simmer 20 minutes. Stir in 11/2 cups cooked diced chicken.

Broccoli Cheddar Soup

Add contents of jar to a bowl. Add 11/2 cups boiling water. Stir to break up any lumps. Add 11/2 cups more boiling water; cover, let stand until broccoli is soft. (About 10-12 minutes.) 90%

Black Bean Soup

Add contents of jar and 6 cups water to slow cooker. Cook on high 6-7 hours or until beans are tender. Remove bay leaf.



Instant Pot Vegetable Soup

Add contents of jar and 4 cups water to Instant Pot. Lock lid; set value to sealing. Program for multigrain. When IP beeps at the end of cook time. allow for natural pressure release. 90%

Instant Pot Cajun Bean Soup

Add contents of jar and 6 cups water to Instant Pot. Stir well. Program for multigrain. Quick release; check beans for doneness. If done, add 1 lb sliced kielbasa and 14.5 oz diced tomatoes... Lock lid; set value to sealing. Program for manual-high and 2 minutes. 90%

Instant Pot 3 Bean Instant Pot Chicken Chili

Add contents of jar and 4 cups water to Instant Pot. Lock lid; set valve to sealing. Program for bean/chili. When IP beeps at the end of cook time, allow natural pressure release.

Noodle Soup

Add contents of jar and 4 cups water to Instant Pot. Lock lid; set value to sealing. Program for manual-high, and 7 minutes. Quick release. Open lid; stir in 11/2 cups cooked diced chicken.

Instant Pot Broccoli Cheddar Soup

Add contents of jar to a Instant Pot along with 3 cups water. Stir well to break up any lumps. Lock lid; set value to sealing. Program for manual-high, 5 minutes. 90%

Instant Pot Black Bean Soup

Add contents of jar and 6 cups water to Instant Pot. Lock lid; set value to sealing. Program for multigrain. When IP beeps at the end of cycle, wait for natural pressure release. Remove lid and remove bay leaf.

